

### Client Information Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Physician \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Medications you are taking \_\_\_\_\_

Primary Reason for Appointment \_\_\_\_\_

Referred by \_\_\_\_\_

Please answer the following questions by circling yes or no answers. Any yes answers will be gone over by you and the massage therapist before your massage.

- |  |     |    |
|--|-----|----|
| 1. Have you had a professional massage before? | YES | NO |
| 2. Have you ever had surgery?                  | YES | NO |
| 3. Do you have any spinal problems?            | YES | NO |
| 4. Are you pregnant or have an IUD?            | YES | NO |
| 5. Do you wear contact lenses or dentures?     | YES | NO |
| 6. Do you take any prescribed Medication?      | YES | NO |
| 7. Do you have chronic back pain?              | YES | NO |
| 8. Do you have frequent headaches?             | YES | NO |
| 9. Are you constantly tired?                   | YES | NO |
| 10. Do you have any heart problems?            | YES | NO |
| 11. Do you have high blood pressure?           | YES | NO |

- |  |     |    |
|--|-----|----|
| 12. Do you have varicose veins?                            | YES | NO |
| 13. Do you have or have you had problems with blood clots? | YES | NO |
| 14. Have you ever had cancer?                              | YES | NO |
| 15. Do you have arthritis?                                 | YES | NO |
| 16. Have you suffered any acute injury?                    | YES | NO |
| 17. Do you have pain which radiates down legs or arms?     | YES | NO |
| 18. Do you suffer from tension?                            | YES | NO |
| 19. Do you have chronic diarrhea?                          | YES | NO |
| 20. Do you have chronic constipation?                      | YES | NO |

Do you have any other medical condition of which I should be aware? If so please specify below \_\_\_\_\_

I, \_\_\_\_\_, understand that the massage therapy given here is for the purpose of stress reduction, relief from muscular tension or spasm, or for increasing circulation.

I understand that the massage therapist does not diagnose illness, disease, or any other physical or mental disorder. As such, the massage therapist prescribes neither medical treatment nor pharmaceuticals, nor performs any spinal manipulations. It has been made very clear to me that this massage therapy is not a substitute for medical examinations and/or diagnosis and that it is recommended that I see a physician for any physical ailment that I might have.

Because a massage therapist must be aware of existing physical conditions, I have stated all my known medical conditions and take it upon myself to keep the massage therapist updated on my physical health.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_